CAN'T COOK

# When you can't cook

Work down the list when the cooker stops. Tick as you go.

**0800 111 999** **Smell gas**
Free, 24 hours, in Great Britain. NI: 0800 002 001.

**105** **Power cut**
Free, in Great Britain. NI: 03457 643 643.

- [ ] 01 **Fridge and freezer kept shut**
  Take tonight's food out in one trip.
- [ ] 02 **Fridge food eaten first**
  Then defrosted food, then the cupboard.
- [ ] 03 **Food outside if under 8°C**
  In a sealed box, out of the sun.
- [ ] 04 **Flask filled while you can**
  Before a planned cut, or at a neighbour's.
- [ ] 05 **Tin opener out**
  A hand-held one. Ring pulls can snap.
- [ ] 06 **Gas hob lit by hand, if allowed**
  Check the manual first.
- [ ] 07 **Camping stove kept outdoors**
  Never indoors or in a tent.
- [ ] 08 **Carbon monoxide alarm tested**
  It needs a battery to work in a cut.
- [ ] 09 **Ready-to-use formula in**
  For feeds if you can't boil water.

> **Camping stoves stay outdoors.** They give off carbon monoxide. Never use one indoors or in a tent.

MEALS WE COULD MAKE WITH NO COOKING

WHERE THE TIN OPENER AND FLASK LIVE

A NEIGHBOUR WITH A GAS HOB

OUR GAS EMERGENCY NUMBER